



# NSIPM & Sano Wellness Center

## Digestive Enzyme Balance

Excellent digestion is key to improving one's health and slowing the aging process. If digestion is impaired, even the best diet will not supply the body with needed nutrients. Additionally, improperly digested food will ferment or putrefy in the intestines and produce extremely toxic chemicals that are then absorbed into the body. Since 70% of your immune system and even many brain neurotransmitters are located in the digestive tract, it is particularly important to perform this test.

**Poor Protein, Carbohydrate, and Fat Digestion** can lead to a myriad of health problems.

Copyright © Point of Balance, LLC, 2012